



# Mammogram Screening & Education

## Are you a woman between the ages of 40 - 64? Do you need help getting a mammogram or paying for one?

The Breast Health Partnership of the South Sound (BHPSS) is providing screening mammograms for women in need.

Patients who are underserved receive priority for these digital mammography screenings which are sponsored through the Breast Health Partnership of the South Sound. The partnership defines underserved women as being:

- Without insurance
- Without doctors
- Meeting the federal poverty guidelines
- Insured, but unable to afford the copay for a screening exam

One in eight women will be diagnosed with breast cancer in her lifetime. Many factors that raise the risk for breast cancer are out of your control, such as age and genetic makeup. But one thing women 40 and older can do to

reduce risk is to get your annual screening mammogram. The BHPSS is making that easier with this flier of screening events, where you can get a free mammogram.

### What is a screening mammogram? What is a diagnostic mammogram?

Digital mammography uses x-rays to make an image of the breast. A screening mammogram takes views of both breasts for the radiologist to review. If the radiologist should see a potential problem, he or she will ask that the patient receive a diagnostic mammogram which requires a special order from the patient's doctor. This exam is done by the same machine, but in this case, the technologist takes several views of the area(s) in question. In most cases, this closer view shows there are no problems. But in some cases, patients are asked to have other diagnostic exams or to have an area of the breast biopsied.

Screening mammogram and education events are available in several locations. Call the Navigator that speaks your language, or represents your community, to get more details.

#### African American Navigator LGBTQ Navigator

Doris Harris  
206-261-0132  
Dlharris02@netzero.com

Betty Mewborn  
Sisters of Hope  
African American Outreach  
sistersofhope@hotmail.com  
253-572-2683

**Latina Navigator**  
Agueda Fernandez-Webster  
253-353-5502  
afernandezwebster@hotmail.com



#### Cambodian Navigator (also speaks Thai, Laotian, and Vietnamese)

Bona Khim  
253.473.5666  
bkhim@kwacares.org

#### Korean Navigator

Dr. Soon Han  
253-538-8352 Office  
253-224-9550 Cell  
shan@kwacares.org

#### Samoan National Nurses Assoc. (SNNA)

Samoan & Pacific Islander Navigator  
Theresa Seiaute  
253-301-3872

#### Native American Navigator

Courtney Rohleder  
Cancer Nurse Navigator  
RN Puyallup Tribal Health Authority  
crohleder@eptha.com  
253-593-0232 ext 427

*If you do not see a navigator listed, please contact the Breast and Cervical Program of King County at 1-800-756-5437, or the Breast and Cervical Program of Pierce County at 253-798-6410 for additional information.*

# Mammogram Screening & Education Event Locations

## CALENDAR OF EVENTS

DATE	WHERE	TIME OF EVENT	WHAT	OPENINGS
Thursday, August 4	Diagnostic Imaging Northwest, Puyallup (Sunrise Blvd.)	1:00 pm to 4:00 pm	Screening	9
Wednesday, August 10	Diagnostic Imaging Northwest, Puyallup	1:00 pm to 4:00 pm	Screening	9
Thursday, August 18*	Carol Milgard Breast Center	1:00 pm to 4:00 pm	Screening	20
Wednesday, September 14	Carol Milgard Breast Center, Squeeze it in!	1:00 pm to 4:00 pm	Screening	75
Wednesday, September 21	TRA Medical Imaging, Lakewood	1:30 pm to 3:00 pm	Screening	10
Wednesday, October 12	TRA Medical Imaging, Olympia	1:00 pm to 3:00 pm	Screening	10
Wednesday, November 9	Carol Milgard Breast Center	1:00 pm to 4:00 pm	Screening	20
Thursday, November 10	MultiCare, Gig Harbor	1:00 pm to 4:00 pm	Screening	10
Wednesday, November 16	Women's Health & Breast Center	1:00 pm to 4:00 pm	Screening	10

\* Focus on African-American and SeaMar patients.

### AUBURN

**MultiCare**  
735 12th St., SE  
Auburn, WA 98002

### BONNEY LAKE

**Diagnostic Imaging Northwest**  
21110 SR 410 East, Ste. 110  
Bonney Lake, WA 98391

### COVINGTON

**MultiCare**  
17700 SE 272nd  
Kent, WA 98042

### FEDERAL WAY

**Women's Health & Breast Center at St. Francis**  
34503 9th Avenue South, #320  
Federal Way, WA 98003

### GIG HARBOR

**Mammography Clinic at St. Anthony Hospital - Milgard Medical Pavilion**  
11511 Canterwood Blvd. NW  
Gig Harbor, WA 98332

**MultiCare**  
4545 Pt. Fosdick Dr. NW  
Gig Harbor, WA 98335

### LAKESWOOD

**TRA Medical Imaging**  
5919 100th St, SW  
Lakewood, WA 98499

### OLYMPIA

**TRA Medical Imaging**  
500 Lilly Road NE  
Olympia, WA 98506

### PUYALLUP

**Diagnostic Imaging Northwest**  
222 Professional Center  
222 15th Avenue SE  
Puyallup, WA 98372-3754

11212 Sunrise Blvd. E, Ste. 200  
Puyallup, WA 98374-8847

### TACOMA

**Carol Milgard Breast Center**  
4525 South 19th Street  
Tacoma, WA 98405

### BROUGHT TO YOU BY:

- Carol Milgard Breast Center
- Franciscan Health System
- MultiCare Health System
- TRA Medical Imaging
- Breast Cancer Resource Center
- Breast Cervical & Colon Health Program
- Women's Health & Breast Center at St. Francis
- Angel Care Breast Cancer Foundation
- Cancer Lifeline
- Sisters of Hope
- Gilda's Club of Tacoma
- Puyallup Tribal Health Authority
- Korean Women's Association
- Diagnostic Imaging Northwest
- Ovarian & Breast Cancer Alliance
- Samoan National Nurses Association
- American Cancer Society, Pierce County
- Susan G. Komen for the Cure – Puget Sound Affiliate
- Franciscan Cancer Center

