

The Dr. Richard C. Ostenson Cancer Resource Center offers the following complimentary services

- A lending library on cancer and health-related materials
- Comfort therapies that can reduce pain and provide relaxation
- Wig fittings, high-quality new wigs, wig trims and alterations for cancer patients
- Gift certificates for post-chemotherapy haircuts at a local salon
- Hats or scarves for cancer patients
- “Look Good, Feel Better” skin care and makeup class for women who are about to undergo, currently undergoing, or have recently undergone cancer treatment
- A wide variety of resource materials related to your diagnosis or situation
- Exercise classes for any fitness level including Healthy Steps, Gentle Yoga, and T'ai Chi Chih
- Cancer support groups and referrals for local-area support groups
- Pastoral care to support your spiritual needs
- Coffee, tea, and hot chocolate
- A listening ear and compassion
- Animal-assisted therapy designed to enhance patient's wellbeing



Please visit the

Dr. Richard C. Ostenson Cancer Resource Center

400 15th Ave SE Puyallup 98372

for more information or call Tamara Miller at 253.697.4899