

# MultiCare Cancer Institute Support Groups

In-Person

**When:** Second Thursday of the month

**Patients/Survivors**

**10:00-11:30**

**Caregivers group**

**3:00-4:30**

**Where:** In Person

MultiCare Cancer Institute In Tacoma  
Katterhagen Resource Center  
1003 South 5th Street, 4th Floor, Milgard Pavilion



## Why?

- **Chance to talk with others going through similar experiences**
- **Receive and offer others support**
- **Learn stress management techniques**
- **Education/information sharing**
- **Tell your story**

**Open to cancer patients/survivors at any stage in treatment.**

We've provided separate spaces for attendees to safely discuss their feelings without judgment, learn how to cope with their or a loved one's diagnosis, find mutual understanding and look for ways to find meaning and purpose in the journey.

**To register or for further questions:**

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